

AFFIRMATIONS

Your Marvelous

AFFIRMATION BUNDLE

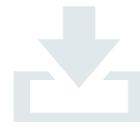


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GETTING STARTED

Thank you for being here!

Click the individual links to each set of affirmations below to open & start using in your journal, planner, vision boards, or post individual affirmations around your house.



[30 Morning Affirmations](#)

[29 Bedtime Affirmations](#)

[51 Affirmations for Success](#)

[17 Positive Affirmations](#)

Affirmations are statements that confirm something to be true. When you focus on a particular thought or positive statement over and over, you create new neural pathways in your brain to literally change your mind and make them your truth.

LET'S CONNECT

If you have any other questions or can't access the affirmations, contact me at lauriejonas@livingmarvelously.com. I'm happy to help!

You can also find me on these platforms:

Facebook: <https://facebook.com/lauriejonas444>

Pinterest: <https://pinterest.com/livingmarvelously>

Instagram: <https://instagram.com/lauriejonas/>

Hop on and say hello!
I'd love to see how you are using these affirmations.

Cheers to your marvelous life!

Laurie

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